

Your Healthcare Team

Dr. Chris Koch

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One of the first things you may notice about Dr. Chris Koch is compassion combined with a smile and sense of humor! If you want to laugh, he'll tell you a bad knock-knock joke, if you want a hug, he has an endless supply, and if you're feeling down, he is great at lifting you up and dusting you off! Spirituality plays a big role in his life, and if you want him to pray with you, it is always a pleasure!

You have probably seen his lovely wife Dr. Diane Koch along with some of their 3 boys in the office! Many of you have seen the boys grow up into the fine young men they are today! Their names are Keegan, Cameron, and Jonathan. They are wonderful blessings at home and also when they are in the office with us at Arizona Chiropractic Center.

Dr. Chris Koch is on a mission! Frequently throughout the year he goes to seminars to become better educated on all aspects of Chiropractic, cutting edge treatments and new technologies! He is a Cum Laude Honors Graduate and he wants to hone his skills so that the patients (practice family!) reap the rewards! With all of the effort comes a warm heart that will take care of each patient like they are a family member. After all, we are all one big happy family!!

Personally, he has recently completed the Disneyland half-marathon, and is training for an upcoming triathlon! He is an avid mountain biker and is very active at his church, Christ's Church of the Valley. By far, his favorite thing to do is spend time with Dr. Diane and the boys.

Dr. Diane Koch

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Dr. Diane Koch is a genuine, down-to-earth, funny, energetic lady who knows what she is doing! She makes you feel right at home and even if you've just met her, she makes you feel like you've been friends forever. Kinda' makes you want

to sit down on the front porch and sip an iced tea with her!

She is the 'phenomemom' to Keegan, Cameron, and Jonathan. She had home births with all 3 kids, and she has a passion for things natural. If you have been thinking about a home birth, talk to Dr. Diane! She absolutely raves about the experience, but be careful, she might ask if she could attend your birth!

Dr. Diane Koch has been involved with Chiropractic since she was diagnosed with scoliosis as a young girl. When bracing and other things didn't work, Chiropractic helped change her life! She is a major advocate of wellness care for children and adults. She has worked with Dr. Jim Hovey and the Atlanta Falcons, and her extensive list of results has been very rewarding and impressive!

She is in training for an 'Irongirl' race, and she enjoys all things athletic. Dr. Diane regularly plays on basketball leagues, and her number one sport is keeping up with the 3 boys at home!

Shannon - Chiropractic Assistant

Shannon hails from New Orleans and is happily married to Jeff with whom she has two children, Ashley & Justin. She has always been a great swimmer and said that she really honed her skills while escaping from hurricane Katrina :). Shannon is always ready to greet you with her warm smile and sense of humor.

Diane - Office Assistant

Diane has been working in the Chiropractic field for twenty years. She lives on a mini-farm with her husband Tommy, and together they have two horses and two goats. Diane loves going camping and watching NASCAR at PIR and on TV.

Kelly - Licensed Massage Therapist

Kelly is a classically trained pianist...but don't let that fool you she also is a motorcycle stunt rider! Kelly auditioned for American Idol, and she also has been a "natural horsemanship" trainer for 12 years.

Mia - Licensed Massage Therapist

Mia is a vegetarian and loves outdoor activities like riding quads and hiking. She is also very involved with her church and enjoys participating in their events.

Keegan is an avid triathlete, loves mountain biking, and is a great basketball player! He is a great big brother!

Cameron also loves basketball and doing triathlons and mountain biking, and he has a contagious happiness that warms our hearts!

Jonathan is 'getting the bike thing down'. He loves his dog Sydney, adores his older brothers, and is a smiling joy to us all!

Sydney

Sydney's pastimes include chasing rabbits and sniffing things.